



DOMINICAN UNIVERSITY OF CALIFORNIA
Student Health Center
50 Acacia Ave, San Rafael, CA 94901
415-485-3208



Return these forms directly to the Student Health Center in the envelope provided no later than January 9, 2013 to avoid a hold on starting classes or delay in moving into the dorms.

HEALTH REQUIREMENTS FOR ALL INCOMING STUDENTS:

- **Medical History Form (attached)**
- **Immunization & TB Screening Form (attached)**
 - **MMR** - Proof of 2 MMR (measles, mumps, and rubella) vaccines or immunity by titers
 - **TB Screening** - via PPD testing within **12 months prior to arriving** at DUC; or if previously positive, negative chest x-ray within the last 5 years and a symptom check; if completed prophylaxis treatment, please provide note
 - **Tetanus/Diphtheria/Pertussis** - To be updated every 10 years and must contain Pertussis (currently epidemic in Marin County)
Failure to provide proof of required vaccinations may result in students not being allowed to reside on campus

FOR STUDENTS LIVING IN THE DORMS, PLEASE ADD THESE REQUIREMENTS:

- **Meningococcal Meningitis Vaccination**
 - A booster is needed if the original vaccine was given at age 15 or younger
- **Physical Examination (form attached)**
 - Prior to arrival on campus by your medical provider

ADDITIONALLY WE STRONGLY RECOMMEND THAT STUDENTS BE VACCINATED AGAINST:

- **Hepatitis B** - A series of 3 injections over 6 months
 - If given more than 5 years prior, a blood test can be done to verify immunity
- **Varicella** – 2 injections over 6 months
 - Or history of having chicken pox preferably verified by a blood test
- **HPV** - 3 injections
 - Men and women younger than 26 years
- **Hepatitis A** – 2 injections
 - Travelers and other indications
- **Stress Management and/or Psychological Evaluation (as needed)**
 - Attending college can be very stressful and students with no history of or mild mental health issues often have new or worsening symptoms of depression and anxiety, especially at exam times. We recommend proactive planning to deal with issues that may come up.
- **OT/RN Students**
 - You will have additional requirements prior to beginning clinical rotations and will receive further information at that time directly from your department.

IMPORTANT REMINDERS

- Obtain your insurance card and carry it with you at all times.
- Become aware of co-pays associated with your insurance coverage.
- Determine if your coverage allows for the availability of care in the San Rafael area (if not, you may need to set up “out of area” coverage with your insurance provider).
- If you have chronic or special needs, consider establishing care with a Marin County primary care provider before coming to school.
- Learn how to obtain any medications that you take on a regular basis. It is recommended that any students taking regular medications call or stop by the Student Health Center during the first month of classes.