Welcome to the Fall 2016 Semester

On behalf of all the faculty in the psychology department, welcome to what promises to be another exciting and action-packed year in the undergraduate psychology department at Dominican University of California. If you are a first year student of an incoming transfer, and we did not meet you at one of the orientations, please stop by and introduce yourself to all of us. The department is located on the 2nd floor of Bertrand Hall, Room 27.

What’s New for Fall 2016

The Psychology Department welcomed 31 (26 Freshman and 5 Transfers) Psychology majors to the department this fall. To date we have 128 psychology majors and an almost equal number of minors including two International students on Study Abroad (Netherlands and Austria).

(If you are a new major or minor and have not yet filled out a Declaration of Major / Minor form, please do so now by visiting the Psychology Department office.)

Dr. LeeAnn Bartolini and Bill Phillips will be co-chairing the department for the Fall 2016 and Spring 2017 terms.

Their contact information is:

Dr. LeeAnn Bartolini
leeann.bartolini@dominican.edu
(415) 257-1357

Dr. Bill Phillips
William.phillips@dominican.edu
(415) 482-3596

Ari Adduci will continue to be the administrative coordinator. Her contact information is:

ari.adduci@dominican.edu
(415) 257-0199

From May 20 through June 2, LeeAnn Bartolini and Matt Davis, along with Sister Patricia Dougherty (History) and Leslie Ross (Art History), led a group of students and alums on a study abroad experience. The group sailed on the Aegean Odyssey for a Mediterranean cruise, during which students earned units toward either GE requirements or electives. The cruise began in Venice, Italy and made stops in Split and Dubrovnik (Croatia), Corfu (Greece), Ancona, Sicily, Sorrento, Rome and Florence in Italy, and Marseilles, Cannes and Nice, France.
**Full-Time Faculty:**

Welcome to our new full-time faculty

Dr. Veronica Fruiht. Dr. Fruiht’s research interests center around the construct of hope as well as the mentoring relationships of young people. Specifically, she looks at how positive, supportive relationships help adolescents and emerging adults set and achieve academic goals. Her most recent project aims to understand and measure how people think about and experience hope in their everyday lives. She enjoys teaching courses in developmental psychology, statistics, and methodology, and sharing her expertise in positive psychology with students.

Dr. Fruiht completed her BS in Psychology Cal Poly, San Luis Obispo, where she did undergraduate research on self-efficacy of among female engineering students. She then earned an MA and Ph.D. in Positive Developmental Psychology at Claremont Graduate University where she studied strengths-based interventions for adolescents and community college students. After 2 years on the faculty at the University of Wisconsin, Whitewater, she was excited to return back to the North Bay where she was raised to join the faculty at Dominican (and never shovel snow again). Outside of the classroom, Dr. Fruiht enjoys craft and DIY projects all of kinds, visiting new places, and playing with her nephews.

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**Academic Background**

B.S. Psychology, California Polytechnic State University, San Luis Obispo, 2007

M.A. Ph.D. Positive Developmental Psychology, Claremont Graduate University, 2010, 2014

**Selected Publications**


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**Part-Time Faculty**

Welcome to our two new affiliated faculty.

Maggie Benedict-Montgomery, Ph.D.

Maggie received her B.A. in Psychology from DU, and her M.A. and Ph.D. in Clinical Psychology from California School of Professional Psychology. Maggie has worked in child/community mental health clinical settings for the past 8 years, with a special interest in treatment of developmental disorders, trauma, and mood disorders, and working with marginalized children and families. Her previous research has focused on development of self-compassion, gender identity, and sexual health. She is excited to return to Dominican, where she will teach Directed Research I and II.
Sean received his B.A. from The Evergreen State College, and his M.A. and Ph.D. from the Institute of Transpersonal Psychology. Sean’s main area of research interest is survival of consciousness, transpersonal experiences, and mysticism. He is the founder of the Ludus Amoris Institute, co-founder of the Journal of Conscious Evolution, assistant editor of the International Journal of Transpersonal Studies, and sits on the board of the Society for Consciousness Studies. He has authored a number of editorial pieces and articles on transpersonal and integral topics. He has taught a wide variety of psychology courses at Meridian University, Sonoma State University, Burlington College, John F. Kennedy University, University of California, Santa Cruz, the California Institute of Integral Studies, and the Institute of Transpersonal Psychology. He teaches Theories of Personality/History and Systems at Dominican.

Graduate School Workshops

Two “Getting into Graduate School” workshops will be offered by full-time Psychology faculty.

Both workshops will be held in the Psychology Resource room, 2nd Floor, Bertrand Hall Room 27

Dates of Workshops

Wednesday, September 21 at 12:00PM
Conducted by Professors Gail Matthews and Bill Phillips

Wednesday, September 21 at 5:00PM
Conducted by Professors LeeAnn Bartolini and Veronica Fruita

Academic Advising

◊ Academic advising for Spring 2017 begins October 17th through November 11th. Priority Online Registration begins Monday, November 14th through November 17th.

◊ Peer advisors will be available in the Psychology department the week before academic advising starts to review your preliminary schedules before you meet with your academic advisor to finalize your spring 2017 schedule.

◊ Ari Adduci will be sending out an email with more detailed information about the process and your faculty advisor before advising begins.

Other important dates:

◊ The last day to add a class is September 5th. The last day to drop a class without a grade of “W” and with a refund is September 5th.

◊ The last day to drop a class with a grade of “W” is November 4th.

◊ November 18th is the deadline to file for graduation (May 2017 and August 2017)
Dr. LeeAnn Bartolini
Dr. LeeAnn Bartolini was on sabbatical leave in spring 2016. She began her sabbatical with a month long trip to India which included a fantastic textile tour of Gujarat and Rajasthan, attendance at the Jaipur Literary Festival, and a week at an Ayurvedic Yoga retreat in Goa. Immediately after returning home she began her sabbatical project - creating and administering a survey to 231 people on the healing aspects of poetry. Unfortunately, she became ill for over 2 months with a rare type of mononucleosis and had to suspend her analysis of the results until fall. Once healed, she co-led a summer course that took place on a small Mediterranean cruise ship.

Dr. Veronica Fruihl
My summer has been busy and full of travel. In May I visited the Dominican Republic with a friend to celebrate exciting new career moves. In June I went to Louisville, KY for the AP Psychology exam reading. In July I traveled to Ireland, England, Belgium, the Netherlands, and Germany to attend the wedding of the exchange student my family hosted when I was in high school. In August, after packing up my home in Wisconsin, I headed off on a cross-country road trip to move to California.

Dr. Afshin Gharib
Afshin presented a paper on how students judge professors personalities at the Hong Kong International Conference on Education, Psychology and Society in December 2015.

Dr. Gail Matthews
Dr. Matthews attended the 6th International Conference on Self-Determination Theory in Victoria, BC Canada in June 2016.

Dr. William Phillips
Dr. Phillips presented his ongoing research concerning students' opinions of guest lecturers at the 4th International conference hosted by the Center for Scholastic Inquiry in October, 2015, in Charleston, S.C. I recommend the fried shrimp (best I've had since New Orleans over 25 years ago!). I had a very relaxing summer and am anticipating a great year at DUC, highlighted by a trip to American University in Athens, Greece to attend a workshop focusing on study abroad the first of October - be sure to ask me or LeeAnn about it!!
Dr. Matt Davis

After the Dominican cruise to the Mediterranean in May, Matt spent an additional month in Italy, Greece, and Paris. He then went to the other side of the world, spending a week on Kaua‘i and Maui, Hawaii where he had a chance to meet up with two former Psych alums who now live on the islands: Ka‘ua Kaye (class of 2012) and Lara Mitchell (class of 2004). He also spent a week in New England endangering the local sea life by consuming daily meals of lobster, scallops, clams and fish!

Matt will be on sabbatical for Fall 2016. His plans include attendance at a week-long Travel Writing and Photography conference where he will have opportunities for one-on-one consultations with famous travel writers and photographers who will evaluate some of his work. He will then spend several weeks living in New England while he works on developing an online travel website and transforming 20 years of travel journals into potential articles or a book about his travel experiences.

Later in the semester he will be doing more international travel. Matt returns in the Spring to teach Statistics, Social Psychology, Psychology of Media: TV and Society, and his 1 unit Psychology of Travel class.
Erik Baer class of 2014, former Bob Shukraft recipient, was accepted into the MA in Industrial and Organizational Psychology program through the City University of New York's (CUNY) School of Professional Studies.

Brittney Biagi class of 2016 has been working for ACES "Autism Comprehensive Educational Services" since February 2016 as a "behavioral interventionist" using ABA therapy.

Kaitlin Chipchase class of 2016 has been accepted into the Mental Health Counseling Masters program of Boston College, MA.

Emily Hanson class of 2012 is a Patient Account Representative and Ambassador at USC Verdugo Hills Hospital.

Audrey Land class of 2016 was just hired at Progress Foundation, working at their crisis unit in Santa Rosa called Progress Sonoma. She will be a full time counselor in their residential treatment program that emphasizes social rehabilitation.

Blake Robins class of 2011 is a LMSW and Advocate Counselor at SCO Family of Services in Brooklyn, NY.

Adam Santiago class of 2016 has been accepted into the MS in Clinical Psychology program at Cal State Fullerton.

Austin Toriumi class of 2016 is a Behavior Technician at Gateway Learning Group.

Christina Yim class of 2014 has been accepted to the MA Counseling Psychology program at JFK University in Pleasant Hill.

The Psych Club is an informal meeting of Psychology majors and minors and full-time faculty members. The Psych Club’s student president is Junior Psych Major Lindsey Chan and the vice-president is Junior Psych Major Bridgett Hernandez. You are invited to join us on Facebook at DUC PsychClub for club updates and postings.

Message from the Psych Club President

Hey everyone!

Get psyched about joining the Psych Club! Our club meets bi-weekly to discuss and go over plans for the fall semester, all while having a great group of people to hang out with. The club will work to raise awareness for various causes, watch movies, and create a fun atmosphere where we can all put our stresses aside and have a good time.

We look forward to seeing you at our next Psych Club meeting on the second Tuesday and the last Thursday of the month.

https://www.facebook.com/groups/348510485292796/
What Afshin has been reading:


What Gail has been reading:

My summer reading includes lots of mysteries ...I'm a big Harlan Coben fan:) and am on the waiting list for Barkskins the latest book by Annie Proulx, the author of Brokeback Mountain, Barkskins (woodcutters) is a family saga paralleling the deforestation of America.

What LeeAnn has been reading:

I finally dove into the Neapolitan Novel Series by Elena Ferrante that begins with My Brilliant Friend. The 3 novels in the series follow 2 female friends who start their lives in Naples in the 1950's. The psychological detail and the authors ability to capture the nuance of human relationships is astonishing as well as being a great study of family drama that transcends Italian boundaries.

Secondly, I have been reading a lot of poetry, inspired by my survey results, as participants introduced me to many new poets and poems, including: Neil Gaiman, Fernando Pessoa, Dara Wier, and Eve Merriam to name a few.

What Matt has been reading:

In keeping with the theme of my sabbatical, I’m just finishing The Way of Wanderlust, a compilation of the travel writings by author Don George. Next on my list are My Holiday in North Korea: The Funniest/Worst Place on Earth by Wendy Simmons, and The World of Venice by Jan Morris.

What Veronica has been reading:

I’ve been reading Gone with the Wind because I was probably supposed to have read it in high school and Witnessing Whiteness by Shelly Tochluk with some former colleagues from UW-Whitewater.

Ari’s Corner

This summer I spent quality time with family and friends up and down the coast of California from Eureka to Carlsbad. Most of my summer reading have been children’s books with my twins. Blue Jay Girl, by Sylvia Ross, a tale about a Yaudanchi girl who is perceived as “dangerous” and wants to change her nature, is the current favorite. For personal reading, I have a fondness for the fantastic and am currently reading the 5th installment of The Mortal Instrument series, City of Lost Souls, by Cassandra Claire. There is something about engaging in a world where strange and powerful creatures are the norm that helps create the sense that embracing diversity in this realm is possible.
FIELD PLACEMENTS

During academic year 2015 / 2016 psychology majors participated in the following field placement sites. This represents a total of over 90 hours of community service or involvement (At times there are more than 1 student at each site).

2015 / 2016 Psychology Field Placement Sites:

Allen Sports Club, Dominican University
Atria, Tamalpais Creek
Center for Domestic Peace, San Rafael
CASA, Sonoma
Consortium for Children, San Rafael
Dept of Mental Health & Substance Use Services, Marin County
Dept of Veterans Affairs: Preventing Loss of Independence through Exercise in Persons with Dementia, Various Locations
Emotion, Health & Psychophysiology Lab, UCSF
Gateway Learning, Various Locations
Halleck Creek Ranch, Nicasio
Health and Human Services Marin, San Rafael
Huckleberry, San Rafael
Josie's Place for Bereaved Youth & Families, San Francisco
Marin Academy, San Rafael
Marin City Probation, San Rafael
Renaissance Healing and Learning Center, Cotati
St. Vincent’s School for Boys, San Rafael
Suicide Prevention, San Rafael
VA Palo Alto, Palo Alto
YMCA—A Special Place Therapeutic Preschool, Santa Rosa
2015 / 2016 Graduating Psychology Major's Senior Titles:

Impact on First Impressions When Including a Personal Picture in Electronic Communications by Susan Anderson

Gender Bias and the Evaluation of Supervisors by Claire Baldal

Gender Differences in Attitudes towards the Homeless by Brittney Biagi

Undergraduate Students Pursuing Healthcare Professions Attitude Towards Transgender Individuals: the Implications of Exposure and Education by Anna Brodski

Impact of Familial Loss or Chronic Illness on Later Symptoms of Anxiety, Depression and Suicide Ideation by Kaitlin Chipchase

Fear of the White Coat: People’s Health Anxiety and Going to the Doctor by Matthew Comandante

Effects of Auditory Stimuli on the (Visual - Tactile) Rubber Hand Illusion by Stephen De'Ornellas

Sense of Place and Attachment Style in Adults Who Moved as Children by Aine Fitzgerald

Fear of Missing Out in Undergraduate College Students in Relationship to Emotional Stability and Social Media Use by Jacqueline Germaine-Bewley

Differences in Exposure to Violent Media and Desensitization to Violence in Varying Age Groups by Erick Hill

Impact of Attachment Styles on Romantic Relationships by April Kopp

Implications of Experiencing Parental Divorce in Childhood on Later Adult Attachment by Audrey Land

The Effect of Caffeine and Mood by Daniel Mai

The Relationship between Self-Efficacy and Goal Achievement among College Students by Sarah MacKenzie

The effects of Stereotype threat on Communications: Does Stereotype Threat Affect Academic Performance in Multilingual Students by Paola Mendizabal

The Relationship Between Mood State and Career Decisions by Brittney Mitzner

The Impact of Body Movement and Mood Change by Jessica Obando

The Differences in Stress Levels Experiences Between Civilians and Military Service Members by Shaylin Ortega

Music Preference as it Relates to Personality and Self-Esteem by Michael Price

Impulsivity, alcohol and risky behaviors: The influence of sensation seeking traits on alcohol related behaviors in university students by Helen Prusiner

Relationship of Jungian Personality Types and Romantic Partner Selection by Lauren Ross

Does Size Matter? A Closer Look at Finger Ratios in Relation to Prenatal Testosterone by Adam Santiago

Post-Divorce Parent Conflict and Its Effects on the Parent-Adult Child's Relationship by Ana Celine Smith

College Students’ Sleep Quality and Their Use of Sleep Aids by Daisy Solis-Cortes

The Relations Between Age and Aggressive and Risky Driving Habits by Austin Tortumi

The Effect of School Uniforms in Self-Expression by Liliana Valdez

College Student Attitudes and Their Effect on GPA and Class Experience by Yasmin Valdivia

The Effect of Anxiety on Athletic Performance by Cory Vanderpool

Opinion of Homosexuality in relation to Preferred News Outlet by Kathleen Wortham
Bob Shukraft Award for Excellence in the Senior Thesis

Congratulations to graduating senior Karl Ohrner whose thesis was selected for the Bob Shukraft Award for Excellence in the Senior Thesis in 2016.

Karl’s senior thesis title was “Attitudes Toward Recreational Drugs, Psychiatric Medications and Mental Illness”

HONOR SOCIETY: PSI CHI

Psychology major and minors who meet the academic requirements (consult the online catalog for details) are invited into Psi Chi at the beginning of the Spring Semester. Students are inducted publicly into Psi Chi during the department’s annual Psi Chi event. As part of this annual event, a well-known psychologist is invited to give a talk to new and past Psi Chi members.

The upcoming Psi Chi event will be held in February 2017.

Our Spring 2016 Guest Speaker was Dr. Ross Thompson, distinguished professor, UC Davis. The talk title was: “Are Early Experiences Important?”
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<tr>
<th>Disc</th>
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<th>Course Title</th>
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<td>Introduction to Psychology</td>
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| PSY  | 3001  | 1   | PW: Human Response to Disasters          | 1.0   | F 6:00-9:00P, S 9:00-5:00P |
| PSY  | 3028  | 1   | PW: Why We Age                           | 1.0   | F 6:00-9:00P, S 9:00-5:00P |
| PSY  | 3072  | 1   | PW: Foundations of Social Work           | 1.0   | F 6:00-9:00P, S 9:00-5:00P |
| PSY  | 3112  | 2   | PW: HY: Theor of Personality:Hist/Sys II (Hybrid) | 4.0   | W 6:00-8:00P, ONLINE |
| PSY  | 3160  | 1   | PW: Social Psychology                    | 4.0   | T 6:00-8:00P, S 9:00-6:00P |
| PSY  | 3181  | 1   | PW: Psych of Career Choice               | 1.0   | F 6:00-9:00P, S 9:00-6:00P |
| PSY  | 4016  | 1   | PW: Psychopharmacology                   | 4.0   | T 6:00-8:00P, S 9:00-6:00P |
| PSY  | 4997  | 1   | PW: Directed Research I                  | 4.0   | M 6:00-8:00P        |
| PSY  | 4998  | 2   | PW: Directed Research II                 | 4.0   | R 6:00-8:00P        |