

OT 5110		Integrated Capstone Experience in OT I	3
OT 5111		Integrated Capstone Experience in OT II	2
OT 5112		Integrated Capstone Experience in OT III	2
OT/OTL 5115		Psychosocial Aspects of Occupation II/Lab	4
OT/OTL 5116		Occupations of Children & Adolescents II/Lab	5
OT/OTL 5117		Occupations of Adults and Seniors II/Lab	5
OT 5118		Occupations of Adults and Seniors III	2
OT 5120		Professional Issues in Occupational Therapy	4
OT 5130		Level II Fieldwork: Psychosocial	6
OT 5131		Level II Fieldwork: Children and Adolescents	6
or OT 5132		Level II Fieldwork: Adults and Seniors	
OT 52XX		OT Special Topics	2
Total for Occupational Therapy (MSOT)			80 units

Recommended:			
OT 5133		Third Level II Fieldwork in Specialty Practice (i.e., Pediatrics, Hand Therapy, Ergonomics Administration, Research or Program Development)	6

Occupational Therapy (MSOT) Course Descriptions

Note: This program includes course requirements from more than one discipline. For complete course descriptions for this program, refer to each discipline within this catalog.

OT 5011 Conditions in Occupational Therapy (3 units)

Etiology, symptoms, clinical course, prognoses, and management of conditions commonly seen in occupational therapy practice, including orthopedic, neurological, general medical and surgical diagnoses. Emphasis is on developing critical thinking skills, and connecting conditions to their impact on occupational performance. Prerequisite: Admission to the major. (Exam average policy in effect for this course.)

OT/OTL 5012 Foundations of Occupational Therapy (3 units)

An introduction to the knowledge, skills, and attitudes necessary to function as an occupational therapist. Concepts and theories of occupation and occupational therapy, clinical reasoning, the Occupational Therapy Practice Framework, and official documents of the profession are studied - 2 lecture hours. OTL 5012 lab component for OT 5012. Introductory skills and techniques needed for clinical OT practice, including task and activity analysis, therapeutic media, an introduction to clinical documentation, and application of the Occupational Therapy Practice Framework - 2 lab hours. Prerequisite: Admission to the major. (Exam average policy in effect for this course.)

OT/OTL 5014 Human Movement Analysis (3 units)

Study of kinesiology and biomechanics related to human motion and occupation. Principles of joint and muscle action correlated with activity, function, and dysfunction of the moving body. Study and application of principles of activity/task analysis and the relationship to functional performance - 2 lecture hours. OTL 5014 lab component for OT 5014. Activities designed to increase knowledge of joint structure and function and muscle action; Introduction to functional principles of joint range of motion - 2 lab hours. Prerequisites: OT 5011 and OT 5012. (Exam average policy in effect for this course.)

OT/OTL 5015 Psychosocial Aspects of Occupation I (3 units)

Study of psychosocial aspects of human occupation and disability. Includes review of DSM V; key theoretical perspectives, orientation to psychosocial practice settings and professional roles, and introduction to the Occupational Therapy intervention process for individuals with psychosocial dysfunction - 2 lecture hours. OTL 5015 lab component for OT 5015. Practicing developing therapeutic communication, interviewing, evaluation, treatment planning and group leadership skills - 2 lab hours. Prerequisite: Admission to the major. (Exam average policy in effect for this course.)

OT/OTL 5016 Occupations of Children and Adolescents I (3 units)

Occupations of the child from infancy through childhood and adolescence. Developmental theories and typical child development are reviewed. Approaches to working with families and pediatric service delivery systems are introduced. Conditions treated by OT's in varied practice settings are studied - 2 lecture hours. OTL 5016 lab component for OT 5016. Overview of occupation-based pediatric assessment tools and procedures. Practice with activity analysis, task modification, observation, and interviewing skills - 2 lab hours. Prerequisites: OT 5012 and OT 5014 (concurrent enrollment). (Exam average policy in effect for this course.)

OT/OTL 5017 Occupations of Adults and Seniors I (3 units)

First in a three semester series of courses focusing on occupational therapy practice with adults and seniors experiencing physical disabilities. Content covered includes orthopedics, spinal cord injury, cardiopulmonary disorders and low vision. Application of integrated theories and clinical reasoning for occupation-based intervention. Consideration of OT domain and process, client factors, and client performance skills and patterns as defined by the Occupational Therapy Practice Framework. Includes introduction to use of standardized and non-standardized functional assessments, intervention planning, and documentation specific to this population - 2 lecture hours. OTL 5017 lab component for OT 5017. Practice with case analysis, assessment, treatment planning, splint fabrication, adaptive equipment, and intervention - 2 lab hours. Prerequisites: OT 5011, OT 5012 and OT 5014. (Exam average policy in effect for this course.)

OT/OTL 5018 OT Fundamental Skills for Assessment and Intervention (2 units)

Core physical assessments (upper extremity range-of-motion measurement, manual muscle testing, motor and sensory assessments), and basic transfer skills are taught and practiced. The focus is on basic skill development in preparation for fieldwork and entry level practice - 1 lecture hour. OTL 5018 lab component for OT 5018. Use of standardized patients to assess skill competency - 2 lab hours. Prerequisites: OT 5011 and OT/OTL 5012.

OT 5019 Culture & Ethics in Occupational Therapy (3 units)

An exploration of cultural and ethical issues in occupational therapy, including the AOTA Code of Ethics - 3 lecture hours. Prerequisite: OT 5012.

OT 5020 Assistive Technology in Occupational Therapy (3 units)

Introduction to and overview of assistive technology as used by occupational therapists to facilitate function in people with and without disabilities – 3 lecture hours. Prerequisite: OT 5012.

OT 5103 Occupational Therapy Community Program Development (3 units)

Introduction to theoretical and conceptual models supporting community-based occupational therapy practice. Development of skills needed to design, implement, fund, and evaluate innovative occupation-based programs in community settings focusing on wellness and health promotion - 3 lecture hours. Community service hours are required. Prerequisite: OT 5101.

OT 5104 Educational Principles and Practices in Occupational Therapy (3 units)

Introduction to teaching and learning theories used in occupational therapy practice and education. Practice developing educational interventions for clinical, community, and staff in-service teaching. Introduction to academic teaching methods and fieldwork supervision - 3 lecture hours. Prerequisite: OT 5012.

OT 5105 Research in the Health Professions (4 units)

Introduction to research and its role in supporting evidence-based practice and expanding the knowledge base of occupational therapy and occupational science. Includes quantitative and qualitative design and methods. Students also participate in designing and completing a group research project - 4 lecture hours. Prerequisite: PSY 3187 or equivalent.

OT 5110 Integrative Capstone Experience in OT I (3 units)

First in a series of three courses. Students work in small groups to develop and complete a faculty-directed research or program development capstone project. Prerequisite: Successful completion of all courses in the first year of MSOT program, or permission of the Chair.

OT 5111 Integrative Capstone Experience in OT II (2 units)

Second in a series of three courses. Implementation of the approved proposal and capstone project. Prerequisite: OT 5110.

OT 5112 Integrative Capstone Experience in OT III (2 units)

Third in a series of three courses. Provides structure and support for the capstone project and/or publication in a variety of academic and professional venues, including the creation of an academic poster. Prerequisite: OT 5111.

OT/OTL 5115 Psychosocial Aspects of Occupation II (4 units)

Advanced concepts and skills for occupational therapy assessment and intervention with clients experiencing psychosocial dysfunction and/or serious mental illness. Study of established and emerging practice areas and future trends including recovery principles and psychiatric rehabilitation. Includes an examination of psychosocial issues across practice areas - 3 lecture hours. OTL 5115 lab component for OT 5115. Assessments and developing, implementing and documenting effective intervention techniques using clinical reasoning skills - 4 lab hours (includes community practice laboratory) and Level I Fieldwork - 40 fieldwork hours. Prerequisite: OT 5015 (Exam average policy in effect for this course.)

OT/OTL 5116 Occupations of Children & Adolescents II (5 units)

Advanced concepts and skills for Occupational Therapy assessment and intervention with children and their families. Focus on frames of reference and evidence-based practice. Study of established and emerging practice areas and future trends - 3 lecture hours. OTL 5116 lab component for OT 5116. Assessments, developing, implementing and documenting effective intervention techniques using clinical reasoning skills - 4 lab hours (includes community practice laboratory) and Level I Fieldwork - 40 fieldwork hours. Prerequisite: OT 5016. (Exam average policy in effect for this course.)

OT/OTL 5117 Occupations of Adults and Seniors II (5 units)

Second in a three semester series of courses focusing on occupational therapy practice with adults and seniors experiencing physical disabilities. Content covered includes healthy aging, fall prevention, neurorehabilitation, and dementia. Builds on concepts introduced in the first semester course. Synthesis, application, and evaluation of integrated theories and clinical reasoning for occupation-based intervention. Consideration of OT domain and process, client factors, and client performance skills and patterns as defined by the Occupational Therapy Practice Framework. Includes use of standardized and non-standardized functional assessments, intervention planning, and documentation - 3 lecture hours. OTL 5117 lab component for OT 5117. Includes community practice laboratory and Level I Fieldwork - 4 lab hours. Prerequisites: OT 5014 and OT 5017. (Exam average policy in effect for this course.)

OT 5118 Occupations of Adults and Seniors III (2 units)

Third in a three semester series of courses focusing on occupational therapy practice with adults and seniors experiencing physical disabilities. Consideration of OT domain and process, client factors and client performance skills and patterns as defined by the Occupational Therapy Practice Framework. Content covered includes OT in acute care, intensive care, primary care and community and role emergent settings - 2 lecture hours. Prerequisite: OT 5018 and OT 5117 (Exam average policy in effect for this course.)

OT 5120 Professional Issues in Occupational Therapy (4 units)

Introduction to management, leadership, and health policy in occupational therapy. Also focuses on professional identity development and preparation for professional practice - 4 lecture hours.

OT 5130 Level II Fieldwork: Psychosocial (6 units)

A minimum of 480 hours (12 weeks) full-time experience in a community agency or health care setting with supervision by a registered occupational therapist. Development of skills in patient/client occupational therapy assessment and intervention processes. Prerequisites: Approval of Academic Fieldwork Coordinator, completion of all required courses. May be repeated for credit.

OT 5131 Level II Fieldwork: Children & Adolescents (6 units)

A minimum of 480 hours (12 weeks) full-time experience in a community agency or health care setting with supervision by a registered occupational therapist. Development of skills in patient/client occupational therapy assessment and intervention processes. Prerequisites: Approval of Academic Fieldwork Coordinator, completion of all required courses. May be repeated for credit.

OT 5132 Level II Fieldwork: Adults & Seniors (6 units)

A minimum of 480 hours (12 weeks) full-time experience in a community agency or health care setting with supervision by a registered occupational therapist. Development of skills in patient/client occupational therapy assessment and intervention processes. Prerequisites: Approval of Academic Fieldwork Coordinator, completion of all required courses. May be repeated for credit.

OT 5133 Level II Fieldwork: Special Topic (6 units)

Optional third level II fieldwork. Time and type of placement may vary.

OT 52XX OT Special Topics (1 unit)

Selected topics that provide the student with additional breadth or depth in the field of occupational therapy. Topics vary by semester.

Sample Courses (not all courses offered every semester):**OT 5209 Introduction to Hand Therapy & Splinting (1 unit)**

This course will provide an introduction to the practice area of hand therapy and hands on lab experience in splint design and fabrication. Materials will include both the use of plaster as well as a variety of low temperature plastics. The course will include splinting for specific diagnosis, choosing the appropriate splint, and materials for joint contracture as well as for progressive mobilization. Static progressive and dynamic splinting will be covered. Emphasis will be on clinical reasoning, quality splint construction, and selection of a splint designed to increase participation in occupation.

OT 5210 Autism Spectrum Disorders - Child (1 unit)

This course will explore the etiology, diagnostic criteria, evaluation and treatment of children with Autism Spectrum Disorders. Designed to benefit both Occupational Therapy and Special Education students, special emphasis will be placed on the wide range of evidence-based interventions and treatments for children with ASD.

OT 5212 Healing & Mindfulness (1 unit)

Provides a historical, theoretical, evidence-based, and experiential introduction to the use of mindfulness as a therapeutic modality. Practical strategies for incorporating mindfulness into health-related professional roles and settings with varied populations will be presented. Students will explore and experience a variety of mindfulness activities, reflect on their individual and collective experience, and deepen their understanding of the healing power of mindfulness.

OT 5214 Fall Risk Reduction Program (1 unit)

This course will provide students with knowledge of multifactorial fall risks and provide hands on experience conducting psychometric tests to assess fall risk. In addition, students learn to identify intrinsic and extrinsic risk factors for falls and consider ways to decrease falls.

OT 5218 Introduction to Sensory Integration (1 unit)

A sensory integration frame of reference is the most common approach used for OT assessment and treatment of children with Autism Spectrum Disorder as well as other learning and behavioral disorders affecting their performance of school related and other daily life skills. Students will learn basic principles of sensory integration, identify indicators for sensory integration interventions, and have an opportunity to use some clinical sensory integration equipment. Prerequisites: OT 3016 or OT 5016.

OT 5222 Sensory Modulation in Occupational Therapy (1 unit)

OT provides an introduction to sensory modulation assessment, intervention, and program development in mental health, brain injury, and geriatric treatment settings. Relevant theories and concepts will be presented, emphasizing evidence-based practice, neuroscience, trauma-informed care, cultural competency, and recovery principles. Prerequisites: OT/OTL 5015 and OT/OTL 5115 (concurrent enrollment).

OT 5223 Abilities Care Approach in OT (1 unit)

The Abilities Care Approach® is a program used to enhance the occupational performance of clients with dementia. Students will utilize a habilitative framework to develop Individualized Activity Prescriptions and modified caregiving approaches based on the client's Allen Cognitive Level (ACL). Students will explore teaching methods used to instruct families, staff and caregivers to facilitate occupational performance in clients with dementia. Students will create a Life Story Board and explore how this tool is used to enhance communication and meaningful participation in occupations for clients with dementia. Prerequisite: Enrollment in second or third year of OT Professional Program.

OT 5280 International Level I Fieldwork in OT (1 unit)

International Level I OT fieldwork experience in psychosocial, child & adolescent, and/or adults and seniors in a selected country as part of a structured international study abroad course. Includes site visits and observations in clinical and community settings with patients and/or clients who are or could be the recipients of occupational therapy services. Requires a minimum of 40 hours on site, plus pre-travel meetings during the semester preceding the trip.

OT 5994 Teaching Assistant: Occupational Therapy (1-3 units)

Opportunities to assist OT faculty in conducting research or teaching of OT classes - 3-9 hours. Prerequisites: Instructor permission, class standing, must have previously completed course with 'A' (4.0) or 'B' (3.0) grade.

OT 5999 Independent Study: Occupational Therapy (1-3 units)

Directed reading, research, and/or a project of special interest to a student - 3-9 hours. May be repeated for credit.