Help people achieve optimal independence.

Find Your Inspiration
Occupational therapy is a health and rehabilitation profession dedicated to enabling people of all ages and abilities to engage in the “occupations” of daily life activities, including work, play, school, and independent living. Occupational therapists are healers and teachers who enable people to achieve independence and enjoy sustainable lives in healthy communities.

Occupational therapy professionals work with infants, children, and adults who are challenged by physical disabilities, developmental or psychological impairment, or the aging process. Occupational therapists help people maximize their life potential through an emphasis on health promotion and wellness education.

Imagine Career Possibilities
Employment opportunities for registered occupational therapists have more than doubled in the past 10 years. Demand for OT professionals is projected to rise by more than 30 percent by the year 2012 according to the Bureau of Labor Statistics.

The Department of Occupational Therapy prepares students for practice, leadership, education, and research in the profession of occupational therapy. The curriculum develops ethical, competent practitioners with the knowledge, skills, and attitudes needed to thrive in changing healthcare environments.

OT graduates are innovators and entrepreneurs who enjoy the flexibility offered by their profession. They start new community programs and businesses, and serve as consultants to government and industry. OT offers diverse career opportunities that include practitioner, consultant, administrator, educator, and researcher. Alumni work in hospitals, rehabilitation centers, schools, clinics, and home health care programs.

Envision the Process
Dominican offers a five-year program leading to the Bachelor of Science in Health Science and the Master of Science in Occupational Therapy (MSOT) with a transfer option. Undergraduates are co-enrolled in classes with entry-level master’s students, and complete all requirements for the Master of Science degree in five years.

The Department of Occupational Therapy features an innovative educational curriculum, combining rigorous and comprehensive professional preparation with a focus on community practice. Our small classes promote close interaction between faculty mentors and students. Interwoven throughout the program are diverse field placements and community partnerships.
Fieldwork provides an essential link between the academic program and occupational therapy clinical practice. Through fieldwork experiences, students learn to apply their knowledge in a clinical or community setting. In addition to Bay Area placements, the Occupational Therapy Fieldwork Coordinator can place students in out-of-state and international sites.

**Achieve Success**

Upon completion of the program, students will demonstrate the following outcomes:

1. Possess knowledge based on a broad foundation in the liberal arts and sciences that will support an understanding of occupations across the lifespan and in varied settings with diverse populations.

2. Articulate an understanding of the history and philosophy of occupational therapy, and role of occupation in promoting health and preventing disease and disability.

3. Understand and apply theories of human occupation as they relate to the profession of occupational therapy.

4. Demonstrate the ability to use standardized and non-standardized assessment instruments and strategies to gain a comprehensive appreciation of client strengths and the need for occupational therapy services.

5. Demonstrate the ability to design, deliver, and evaluate evidence-based, occupation and client-centered skilled interventions that promote optimal functioning for individuals and groups.

6. Consider and value diverse social, educational, cultural, and political systems that influence the occupational health of individuals and communities.

7. Apply principles of management and leadership to develop skills in the design and delivery of occupational therapy services in a variety of institutional and community settings.

8. Demonstrate the ability to understand and apply research to support evidence-based practice and develop the knowledge base of the profession.

9. Understand and demonstrate the ethics, values, and responsibilities of the occupational therapy profession, including self-directed learning, involvement in professional associations, and adherence to the OT Code of Ethics.

10. Demonstrate the ability to apply previous knowledge to meet fieldwork requirements of the profession.