



Co-sponsor:

**Bay Area Organization
Development Network
(BAODN)**

Workshop Cost:

BAODN Members \$35

Non-Members \$40

Dominican
Community Members Free

For registration
information e-mail
ILS@dominican.edu,
or call Dr. Denise Lucy,
Executive Director,
Dominican's Institute
for Leadership Studies,
415-485-3291.

Teamwork *Tango*™

**How to Lead and
When to Follow
at Work**

An Active Workshop Utilizing Innovative Movement Techniques

Saturday, May 6, 2006 9:00 a.m. – 12:30 p.m.

“To lead, one must follow.” - Lao Tzu

Today's organizations require that workers be adaptable. The daily “dance” between leaders and followers requires mutual understanding and a balance of give and take. Yet, we often get typecast in the role of leader or follower. In order to be a productive team member, one must understand the difficulties of being a team leader; however, truly effective leaders also know how to follow. This interactive leadership workshop utilizes innovative movement techniques for understanding principles of leading and following in organizations. The workshop content will cover such topics as:

- Knowing when to lead and when to follow
- Learning skills for being *both* an effective leader and a cooperative follower
- Communicating with your team members
- Putting yourself “in others’ shoes”
- Relating to other work partners outside of your team
- Understanding and moving with your work environment
- Making sure all of your people are moving in the same direction

Learn how to achieve your performance goals more effectively through becoming a better leader, follower and collaborator, and knowing when to take on which role. Come prepared for active exercises and a fun learning experience!

About the Facilitator



Yael Schy, MSW is a dynamic speaker, trainer, facilitator, coach, and organization consultant known for her creative approach to organizational learning and development. Yael has over 20 years of experience as a manager, and has spent more than 30 years as a performer and teacher in theater and dance. She brings a unique perspective by incorporating her improvisational theater and dance experience into active communication skills training and teambuilding in the workplace.

Ms. Schy has a Master's Degree in Social Work with an emphasis in Community Organization, graduate certifications in Organizational Psychology and Training/Human Resource Development, a Bachelor's Degree in Psychology and Theater Arts, and is a Certified Somatic Coach. She is principal of Dramatic Strides™ Consulting, specializing in leadership development, teambuilding, communication skills, strategic planning, and creative decision-making techniques that help people and organizations move forward by leaps and bounds.