

An invitation to women who live and/or work in Marin County to participate in an interfaith series

Sponsored and hosted by Santa Sabina Center through a grant from the Marin Community Foundation in collaboration with Dominican University of California's Institute for Leadership Studies' Women in Leadership in Faith.

SAVE THE DATES/2005

Conversations exploring the faith traditions of:

- **Judaism:** Wednesday, January 19, 2005
10 a.m.–3:00 p.m.
Rabbi Chai Levy, Congregation of Kol Shofar
- **Sufism:** Thursday, April 21, 2005
10 a.m.–3:00 p.m.
Tamam Kahn, Marin Sufi community
- **Christianity:** Thursday, October 20, 2005
10 a.m.–3:00 p.m.
Speaker, TBD

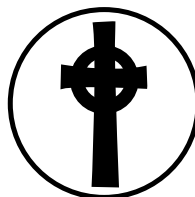
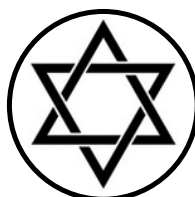


**DOMINICAN
UNIVERSITY**
of CALIFORNIA
1890

This place changes people.

50 Acacia Avenue
San Rafael, CA 94901

www.dominican.edu • 415-485-3291



Exploring...

Spiritual Integration for Effective Change: At Home, Work and in Community

- Consider how we incorporate spiritual practices of faith traditions in effecting positive change.
- Share ways to encourage personal growth through the featured faith traditions.
- Experience the practice of each faith tradition through prayer, song, chant, and meditation.
- Strengthen the network of support and mutual understanding of the underlying power of faith in women from across a spectrum of spiritual traditions.

Formats will be comprised of presentation, dialogue, reflection and interactive sessions. Dialog will include perspectives of those who are not affiliated with traditional religions.



BUDDHISM

Sylvia Boorstein / *Buddhist Teacher and Author from the Spirit Rock Meditation Center*

Thursday, October 21, 2004 / 10 a.m. to 3:00 p.m.

Santa Sabina Center

25 Magnolia Avenue, San Rafael

(corner of Magnolia and Deer Park)

Registration fee: \$12 (includes lunch and snacks)

Sylvia Boorstein is a co-founding teacher at Spirit Rock Meditation Center and a senior teacher at the Insight Meditation Society in Barre, Massachusetts. Sylvia has written four books on mindfulness meditation and Buddhist philosophy, including the 1995 Bay Area best seller, *It's Easier Than You Think: The Buddhist Way to Happiness*. She has currently begun work on *The Well-Tempered Heart*, in which she explores ways in which cultivating the spiritual faculties can bring about an abiding sense of love, peace, and forgiveness. Boorstein has a special ability to show how we can be mindful standing in a grocery store checkout line as well as sitting on a meditation cushion.

Background of the Women in Leadership in Faith project

The Women in Leadership in Faith symposium was produced in 2003 by Roberta Swan in cooperation with the Dominican University of California's Department of Humanities, Dominican's Institute for Leadership Studies and the Sufi Women Organization. The symposium emerged from Ms. Swan's study that featured 34 women leaders of faith based organizations and was funded by the Marin Community Foundation. In October 2003, the Women in Leadership in Faith project featured an interfaith day at Santa Sabina presented by Sr. Mary Neill, O.P. In spring 2004, the Institute for Leadership Studies continued the dialogue by featuring expressions from the faith traditions of Muslim Sufism, Judaism, Presbyterian and Catholic Christianity, and Buddhism.

Space is limited. To reserve a place, contact:

Sr. Susannah Malarkey, O.P.

415-457-7727 or email: sntasabina@aol.com