

## **THE LEADERSHAPE® INSTITUTE**

*Developing Young Adults to Lead with Integrity for over 25 Years.*

**JUNE 4-9, 2012 AT DOMINICAN UNIVERSITY**

**SPONSORED BY THE INSTITUTE FOR LEADERSHIP STUDIES AT DOMINICAN**

**INFORMATION FOR STUDENTS - SEE APPLICATION FOR DEADLINES**

### **WHAT IS THE LEADERSHAPE INSTITUTE?**

The LeaderShape® Institute is an interactive, energizing, and unique experience that builds leadership skills no other program can match. It is six days and five evenings on campus of non-stop self-discovery and learning from practical experiences that build your leadership concepts and abilities. It's go, go, go 12 hours a day... And you'll love it! Students from ten colleges in the Bay Area attend and build a local network.

At the end of the six-day LeaderShape® experience you will:

1. Increase your commitment to acting consistently with core ethical values, personal values, and convictions.
2. Increase your capability to develop and enrich relationships as well as to increase their commitment to respecting the dignity and contribution of all people.
3. Embrace the belief in a healthy disregard for the impossible.
4. Develop the capability to produce extraordinary results.

### **LEADERSHAPE® DEFINES LEADERSHIP**

Leadership involves living in a state of possibility, making a commitment to a vision, developing relationships to move the vision into action, and sustaining a high level of integrity. Effective leadership takes place in the context of a community and results in positive change.

Integrity means that one consistently makes decisions and takes action based on certain core ethical values. Those who lead with integrity have the courage of their convictions to "walk their talk" and have the potential to make exceptional contributions to the world and our future.

### **THE PROGRAM AND STUDENT ENGAGEMENT**

#### ***Day 1: Building Community***

You will begin to explore what leadership means and become familiar with the basic philosophy and schedule of the week. You will meet the other participants in the "Learning Community" and you will also join 8 to 12 other students in a group called the "Family Cluster." As your primary support and reference group, the Family Cluster will offer you feedback and help you develop your Breakthrough Blueprint, which is a tangible project you will be working on during the week.

#### ***Day 2: The Value of One, The Power of All***

You will begin the second day in an Outdoor Team Experience. By working your way through a series of outdoor initiatives and discussions, you will discover how

teamwork, trust, and problem solving can be enhanced in a supportive group setting. You will add another dimension to your self-awareness by completing a behavior style inventory. The end result will be an opportunity to set several personal goals for the week and share those with members of your Family Cluster. You will also participate in exercises that reinforce the concept of inclusive leadership as well as creating communities of mattering.

### ***Day 3: Challenging What Is, Looking To What Could Be***

Being able to create a powerful vision is an important aspect of leadership! During this exciting day, you will begin work on defining and refining your own Breakthrough Blueprint – a tangible and transformational change for your organization, group, cause, or community back home. You will spend much of the afternoon in interactive settings dealing with chaos and change. The evening will conclude with a Guest Leader Panel and Reception. This is your opportunity to interact with significant leaders in business, education, and other professions. Using an informal question-and-answer format, these individuals will share their insights and experiences related to the challenges of “leading with integrity.”

### ***Day 4: Bringing Vision To Reality***

A vision is only a dream unless it results in action. Key requirements will be discussed (relationships, manageable goals, stretch goals, and action steps) which move a vision forward. In addition, the issue of power will be explored in a dynamic group simulation exercise.

### ***Day 5: Living and Leading With Integrity***

The concept of “integrity” is a challenging one, but central to LeaderShape’s philosophy of life-long leadership development. You will discuss how core ethical values, thoughtful decisions, and courage all play critical roles in sustaining integrity and fostering trust and respect. During the afternoon and evening, time has been set aside for more in depth conversations, relaxation, and preparation for a creative Family Cluster presentation.

### ***Day 6: Staying in Action***

On this final day, you will prepare to return home and face your responsibilities as a LeaderShape graduate who practices the discipline of “leading with integrity.” You will learn what it means to be a part of the nationwide LeaderShape community – a network of mutual encouragement and support. A Learning Community Commencement ceremony concludes the week.

## **LOGISTICS**

Arrival Time: 2:00 PM Monday, June 4 – Creekside Room and Edgehill Village

Departure Time: Between Noon and 2:00 PM on Saturday, June 9

Students will be asked to sign an agreement to remain on campus during LeaderShape and participate fully day and evening in the learning community events.

**QUESTIONS:** CONTACT ALICE COCHRAN AT [ALICE.COCHRAN@DOMINICAN.EDU](mailto:ALICE.COCHRAN@DOMINICAN.EDU)