



DOMINICAN UNIVERSITY OF CALIFORNIA
Student Health Services

HEALTH REQUIREMENTS

The following are required for all incoming Dominican Students

- **Medical History Form**
- **Immunization & TB Screening Form**
 - (Proof of having 2 measles, mumps, and rubella vaccines (MMR); & TB screening within 3 months prior to arriving at DUC)

**For students living in the dormitories, please add these requirements*:*

- **Meningococcal Meningitis Vaccination**
- **Physical Examination**
 - Prior to arrival on campus by your medical provider
- **Tetanus/Diphtheria/Pertussis**
 - To be updated every ten years and must contain Pertussis

**Additionally we strongly recommend that students be vaccinated against*:*

- **Hepatitis B**
 - A series of three injections
- **Varicella**
 - Or history of having chicken pox preferably verified by a blood test
- **HPV**
 - Women/Men under 26
- **Hepatitis A**
 - Travelers and other indications
- **Stress Management and/or Psychological evaluation as needed**
 - Attending college can be very stressful and students with no history of mild mental health issues often have new or worsening symptoms of depression and anxiety, especially at exam times. We recommend proactive planning to deal with issues that may come up.
- **OT/RN Students**
 - You will have additional requirements prior to beginning clinical rotations and will receive further information at that time directly from your department.

Return these forms directly to the Student Health Center in the envelope provided no later than August 3, 2011 to avoid a hold on starting classes or moving into the dorms.

IMPORTANT REMINDER

All Dominican students carrying 6 units for more are required to carry health insurance through the entire academic year.
Here are some items for students to consider through the school year:

- Obtain your insurance card and carry it with you at all times.
- Become aware of co-pays associated with you insurance coverage.
- Determine if your coverage allows for the availability of care in the San Rafael area (if not, you may need to set up “out of area” coverage with your insurance provider).
- If you have chronic or special needs, consider establishing care with a Marin County primary care provider before coming to school.
- Learn how to obtain any medications that you take on a regular basis. It is recommended that any students taking regular medications call or stop by the Student Health Center during the first month of classes.

If you have any questions, please contact:
Susana McKeough, FNP or Mary Vidal, EMT at 415-485-3208