



ORIENTATION 2011

AUGUST 17-21

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The Dominican Ideals

STUDY

SERVICE

COMMUNITY

REFLECTION

WELCOME TO DOMINICAN

Greetings fellow Penguins! In just a few weeks, you will begin your journey at Dominican University of California. The Orientation program is designed to help you get to know your fellow students, become more familiar with campus, learn about university history and our unique traditions, and most importantly, have a great time starting your college experience!

There is a lot that will be happening during the few days of Orientation. In addition to covering the need-to-know info like policies and procedures, we also have some great activities and fun events planned for you. When you arrive, you will be greeted by our Orientation Leaders (OLs) - a great group of continuing students ready to welcome you and to show you what it means to be a part of the Dominican community.



All first-time freshmen students are expected to attend the entire program. Transfer students, though not required to attend, are invited to also participate. We are excited to welcome you to campus, and we look forward to seeing you in August!

- The Orientation Team

MORE INFO AT WWW.DOMINICAN.EDU

The website is your best source for additional information the University, as well the specific details for students moving into the residence halls. Please visit the [Student Life](#) section for more information

and details about preparing for the start of school. We are updating and changing parts of the website, so check regularly for more information.

We try to make the transition to Dominican as

smooth as possible for students and families, and we know that you may have questions. If you have a particular question or concern, please contact us directly (see back page for more info).

On Being New to the Dominican Community – President Mary B. Marcy



Dr. Mary B. Marcy is the ninth president in the 121-year history of Dominican University of California

Transitioning to a university often will evoke feelings of apprehension or uncertainty. “Where will I be living...how is the food... will the demands be too difficult?” I should know – like most all of you, I am also new to Dominican, having started on July 1st.

Just as I am sure you will soon experience when you arrive to campus, my first few weeks at Dominican have been wonderful. I am settled into my new home near the campus, the food at Caleruega dining hall has been delicious, and

although the work is demanding, ultimately we do it to create opportunities and enhance the possibilities for our students.

You and your families should be proud that you have chosen to attend Dominican University of California. Soon, you will be engaged in the classroom with our outstanding faculty, supported outside of it by our dedicated staff, and most importantly, you will connect with fellow students – some of whom may become true lifelong friends.

Parents and families, I welcome you to the Dominican community. You have worked hard to help your students get this far, and we are pleased to partner with you in helping them to realize their dreams. Students, I hope to come to know each of you over the course of your studies at Dominican. I invite you to make the most of the many opportunities that await you. And when you see me on campus, be sure to say hello and introduce yourself ... or ask me for directions!

SAVE THE DATE DOMINICAN SPIRIT DAY—OCTOBER 29TH

Spirit Day is the celebration of the Dominican community. Each fall, alumni, faculty, staff, students, families, and friends all join together and celebrate being part of the University. Spirit Day encompasses several long-standing University traditions into a one-day celebration.

The day begins with the Mass of the Holy Spirit—the traditional start of the academic year – followed by the Shield Day celebration where the freshmen class is presented with their class shield.



Shield Day guests enjoying lunch on the Meadowlands Lawn

After the ceremonies, the community comes together for lunch and the annual fall carnival sponsored by ASDU. More info will be available in mid-September.



“PARENTING A PENGUIN” MOVE-IN DAY INFO SESSION FOR PARENTS

The staff members in the Office of Student Life know that the transition to college is a cause of anxiety for students and parents. Such feelings are normal, and quite frankly, they are to be expected! The kinds of transitions being experienced this summer can be trying for everybody... but please

know that everybody gets through them.

We invite parents to attend a special session (see page 6 for details) that will address many of these transitional issues and give you tips for working with, and supporting, your students as they progress through their university experience. As your

student continues to learn and grow, it is important that you have the information needed to help them help themselves.

We trust that you will come to know Dominican, and appreciate the educational opportunities, the resources, and the support it offers to students.

F.E.R.P.A. FAMILY EDUCATION RIGHTS & PRIVACY ACT

FERPA is a Federal law designed to protect the privacy of a student's education records. The law applies to all schools which receive funds under an applicable program of the United States Department of Education.

FERPA gives parents certain rights with respect to their children's education records. These rights transfer to the student, or former student,

who has reached the age of 18 or is attending any school beyond the high school level. Students and former students to whom the rights have transferred are called eligible students. In essence, eligible students determine who has access to their educational record.

Dominican is in full compliance with FERPA, and expects that students and

families will also comply with the guidelines and policies of this law. During the Orientation program, students and parents will be given an overview of FERPA as well as important paperwork for students and families to complete.

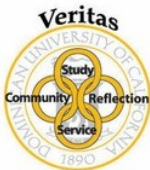
Detailed information can be found on our website, by clicking this link: [FERPA](#).

TOP 10 REASONS TO USE THE ALEMANY LIBRARY

We know that most students can do quite a bit of research online and never have to step foot into a library. After taking a look at the list below, we think you'll change your mind:

10. *A liberal education is the soul of a university but the library is its heart;*
9. *The Library Reading Room is a great place to relax and open up a book;*
8. *On hot days, it is always much cooler in the library;*
7. *A vast DVD collection available to students;*
6. *Free workshops with tips for research and academic writing;*
5. *Computers loaded with software available for student use (PC and Mac);*
4. *Access to hundreds of databases and thousands of publications;*
3. *Interlibrary loan gives you access to books from around the world;*
2. *One of the finest art galleries in northern California;*
...and the number one reason to use the Alemany Library...
1. *Support from Library staff members who know you, understand your teachers' expectations, and are committed to your academic success!*

CAMPUS MINISTRY AT DOMINICAN



Campus Ministry focuses on the development of the total person: Mind, Body, and Spirit, guided by the four Dominican Ideals of Prayer, Study, Service and Community. As people who seek truth in its various ex-

pressions and in an ecumenical spirit, we celebrate the richness of our different experiences to provide programs and opportunities for growth and understanding. We hope you will take advantage of these opportunities and become involved in the

many different offerings that Campus Ministry provides students. We invite you visit us in the Alumni & Heritage House (2nd floor) and to make use of the Siena Center lounge. For more information about our programs and services, click on the "Veritas" logo.





College is the **START** of Your Career

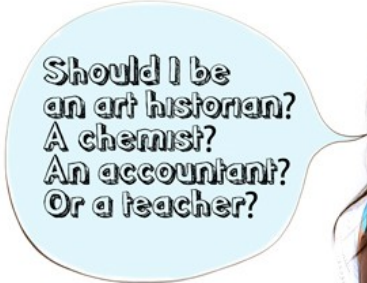
– Explore the world of [Career and Internship Services](#)

Career and Internship Services at Dominican University of California offers career development programs and services to empower students and alumni to develop skills for lifelong career satisfaction.

The friendly, knowledgeable, and helpful staff provides resources to help students determine what career path to pursue, and creates opportunities for students to connect with employers.

Visit the Office of Career and Internship Services (Alumni & Heritage House—3rd Floor) to get help with:

- Choosing a major (assessing values, skills, interests, preferences)
- Exploring internship and career options
- Resume and cover letter writing, and preparing for an interview
- Researching and applying to graduate school programs



MAIL SERVICES FOR STUDENTS

WWW.DOMINICAN.EDU/MAIL

The Mail Service Center (MSC) is located in the lower level of Bertrand Hall. Walk to the end of the ground floor corridor and head down the stairs. The MSC processes incoming and outgoing US mail and also deliveries from other couriers (UPS, FedEx, etc).

Click on the link above for additional information about mail room policies and procedures, as well as detailed information for setting up your mailbox on campus and making sure your delivery address is correct.

The staff has put together an informative tutorial video on their page that will show you exactly what you need to do to get set-up. You'll have time during the first week of classes to visit the MSC to get your mailbox information.



A.S.D.U.— YOUR STUDENT GOVERNMENT

The group that helps students plan events and provide campus activities, distribute funds, initiate changes in student policy, and represent themselves to the University's administration and the broader community is ASDU.



This group of elected student representatives serves as both the student activities association and the student government board. ASDU is committed to helping student clubs and organizations through funding and publicity.

In addition, students who perceive a need for a new and different organization on campus are invited to discuss their ideas with ASDU. There are a variety of activities and events happening on campus this semester, starting with "Welcome Week" (Aug. 22-27). Check your Dominican email for announcements.

CAMPUS CLUBS AND ORGANIZATIONS FIND YOUR INTERESTS & GET INVOLVED

One of the keys to a successful transition to college is to get involved with various campus clubs and organizations. At Dominican, there are more than 30 different student groups; some of the clubs are co-curricular based (related to the various academic programs), while others are purely social and help to bring students together who share common interests. Ultimately, there is always something happening for students! We try to make getting involved with clubs and

student organizations as easy as possible. A full listing of the clubs and organizations on campus can be found online in the Student Life section of the website ([click here](#)). On *Wednesday, August 24th*, the annual Club Fair will be happening on the Caleruega Plaza. This event is a great opportunity for you to talk to club members about their



Dominican Student Ambassadors:
a student service organization on campus

organizations—and you can sign-up right then and there if you so desire! Be sure not to miss this event!

HOW WE CAME TO BE THE “PENGUINS”

How did the University end up with the mascot of a Penguin? Well, there is actually a funny story to that... The original mascot, back in the days of Dominican College of San Rafael, was the Hound. That name came from a play on the Dominican name; “Dominicans” loosely translated from Latin means “hounds of the Lord.” Look at the University seal... see the dog with the torch... more on this during Orientation. In the 1970’s, back when Dominican was an all-women’s college, a group of students (who probably did not like being referred to as “the hounds”) petitioned the administra-

tion for a new mascot for the school’s athletic program. At that time, the Dominican Sisters had much more of a visible presence on the campus. With their long habits and veils, they resembled... penguins!



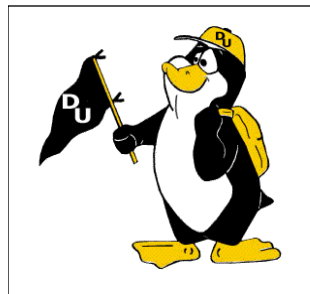
Original “penguins”

Sr. Samuel Conlan, President at the time (she was quite the field-hockey player in her prime—hence her being the namesake of our recreation center), agreed to the change –but only if there was a unanimous vote of approval by the entire student body.

Suffice to say, the vote passed unanimously, and Sr. Samuel made good on her word. Today, Dominican University of California is one of only two universities in the country (Youngstown State in Ohio is the other school) to have such the mighty, intimidating, and fierce Penguin as our mascot!



“Veritas Fax Ardens”



Chili the (fierce) Penguin

Penguin Trivia

Penguins live in huge groups, are highly adaptable to their surroundings, and are very social creatures.

In many ways, they aren't much different than most college students!

ORIENTATION SCHEDULE & HIGHLIGHTS OF EVENTS

Below is the schedule for Day 1 of Orientation (Wednesday , August 17th), as well as some highlights of the other events and activities happening during the program. Students will receive more detailed information about the orientation schedule, and our expectations for participation, at the first session.

Some of our most successful students at Dominican are those who have made the effort to get involved with what is happening on campus—so be sure you take advantage of all that we have to offer!

DAY 1:
WEDNESDAY
AUGUST
17th

<u>Time</u>	<u>Location</u>	<u>Event</u>
8:00am – 12:00noon	Residence Halls	Move-In for Resident Students <i>(Click HERE for more info)</i>
1:30 – 2:15pm	Conlan Rec. Center	Orientation Opening Session
2:30 – 3:00pm	TBD	Student and Family Goodbye Time
3:00 – 5:00pm	Angelico (Parents) Conlan (Students)	Concurrent Programs for Parents and Students
5:00pm		Parents & Families Depart
5:00-6:30 pm	Caleruega	Dinner
6:30- 8:00pm	CRC	PLAYFAIR
8:00pm	Fanjeaux Courtyard	Ice Cream Social

HIGHLIGHTS
THURSDAY 8/18
through
SATURDAY 8/20

BUILDING MY TRADITION

Choice & consequence

Dominican to Downtown

The DU Amazing Race!



Penguin Pride

Games on the Green & Movie on the Lawn

Finding our "common-unity"

Please bring a white t-shirt you can draw on...
 you'll need it for a Thursday activity!

PACKING FOR CAMPUS—WHAT TO BRING?

Living on campus next year? The following is a list of key items you'll want to bring with you—for more detailed information, please click [here](#).

- Alarm clock (you don't want to be late for class)
- Bathroom towels, shower mats, etc.
- Cleaning supplies (*Students are required to clean their rooms & bathrooms*)
- Desk lamp
- If you bring a computer, we suggest a laptop (and a leash to secure it). If you are not bringing a computer, make sure you have a flash drive for computers on campus.
- Power strips with long cords
- A fan for your room (no AC in the res-halls)
- Laundry basket and laundry detergent. (*No quarters needed—machines operate w/ Penguin Pass cards*)
- Flashlight & small first-aid kit
- Personal toiletries
- Hangers
- School supplies (pens, paper, notebooks, etc)
- Umbrella
- Toilet paper (you don't want to run out)
- Proof of medical insurance and policy information.
- Twin bedding (standard twin sizes)
- Floor rug or mat for those living in Pennafort & Fanjeaux (rooms have hardwood floors)
- Blue painter's tape to hang things on walls
- Storage bins (stackable kind are great)
- TV/stereo/etc.

It is ALWAYS a good idea to talk with your roommates about who will be bringing what items to campus. Remember: what you bring with you must fit in your room!

ADVICE FROM THE STUDENT LIFE STAFF

By now you have probably been given plenty of advice from family and friends on how to adjust to college living. Those of us in the Office of Student Life have a few additional words of wisdom. What more can we possibly share, you ask? Well, the staff totals a collective 75+ years of service to students at Dominican... and these insider tips will help you tremendously in getting the most from your experience!

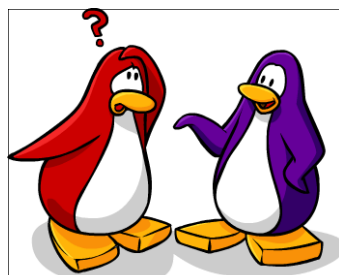
- You are in control of your college experience and you will get out of it what you put into it.
- Those around you are experiencing the same thoughts or feelings... reach out to them.
- When you don't know or don't understand, ask a question.
- Dominican is a small school with a big community—embrace that community by being a part of it.
- Take care of yourself by eating well and getting plenty of rest!
- Avoid judging others or engaging in drama.
- Get to know the continuing students and ask them for advice.
 - Don't just meet expectations, exceed them.
 - Find a balance between academics and a social life; sometimes you need to study more, other times you need to get out and play!
- Pizza is not a food group.
- When you choose to break the rules, own up to it and be accountable for your actions.
- Don't say one thing, and do another.
- Disconnect from social networking every now and then and enjoy having face-to-face talks with others.
- Be open to new ideas and different ways of thinking.
- Do your work and come to class prepared and ready to learn.
- College only happens once... enjoy it all!



Seniors have great advice; take notes!



The Office of Student Life is located in the Alumni and Heritage House on the 2nd floor. In addition to a friendly staff, there are lounges and a kitchen for students to use. Please stop by and say hello!



ORIENTATION QUESTIONS?

Please contact

Dr. Paul Raccanello
Associate Dean
of Students

(415) 485-3223

paul.racc@dominican.edu

IMPORTANT DATES

- August 22: First Day of Classes
- August 29: Last Day to Drop a Class with 100% Refund
- September 5: Labor Day (HOLIDAY)
- September 6: Last Day to Add a Class / Last Day to Drop w/ 85% Refund
- September 12: Last Day to Drop w/o "W" & 75% Refund
- October 17: Academic Advising for Spring 2012 Begins
- October 21: Fall Break Day (HOLIDAY)
- November 4: Deadline to Withdraw from a Class with a grade of "W"
- November 14—November 17: Priority Registration for Spring 2012
- November 24—November 27: Thanksgiving (HOLIDAY)
- December 3: Last Day of Classes
- December 5—December 10: Final Examinations
- December 10: Residence Halls CLOSE for Winter Break*

**Students living on campus should vacate the residence halls the day after their last final exam.*

NO STUDENTS will be allowed to stay on campus during the break (in-season athletes excluded)

A BRIEF HISTORY OF DOMINICAN

MISSION

Dominican University of California educates and prepares students to be ethical leaders and socially responsible global citizens who incorporate the Dominican values of study, reflection, community, and service into their lives.

Guided by its Catholic heritage, the University is committed to diversity, sustainability, and the integration of the liberal arts, the sciences, and professional programs.

Dominican takes its name from St. Dominic de Guzman, who was born in Caleruega, Spain, in roughly 1172.

The history of Dominican University of California can be traced back to 1850, when Bishop Joseph Alemany recruited a few Dominican sisters from Paris to join him in teaching the children of the forty-niners. Mary Goemaere (1809-1891) volunteered to accompany the new Bishop and to begin a school. The original school was started in Monterey, moved to Benicia, and finally settled in San Rafael in 1889.

In 1890 the Dominican Sisters of San Rafael, filed Articles of Incorporation with the Secretary of State of California. With the encouragement of faculty of the University of California in Berkeley, a junior college was opened in 1915, and in 1917 a four-year college named after St. Dominic de Guzman, became a reality.

Dominican College was the first Catholic college in California to grant the B.A. degree to women.

Needing to expand, the Sisters purchased more land beginning with Meadowlands Hall in 1918. Within fifteen years Angelico Hall was built for a music conservatory; a large wing was added to Meadowlands; Forest Meadows was purchased for athletics; Fanjeaux was erected for a student residence hall and for new dining facilities; Guzman Hall was built in 1930 for academic and administrative purposes; and the property which separated Guzman from Fanjeaux, where the Library now stands, was also purchased.

In the 1950's and 60's, the development of the curriculum, the addition of new fields of study, and the increase in the number and diversity of faculty and stu-

dents necessitated campus expansion and renovation. The lower school (elementary and high school) was relocated from Bertrand Hall, and three new buildings were erected: Pennafort, a residence hall (1958); Caleruega, the dining hall and kitchen (1959); and Archbishop Alemany Library (1963). Dominican became fully co-educational in 1971.

On April 29, 2000, President Joseph R. Fink announced a change in status for the 110-year old institution. Dominican College of San Rafael became Dominican University of California, a change that recognizes Dominican's status as a university with graduate degree programs, a diverse student body, and a global perspective.



*Veritas Fax Ardens;
Truth, a Flaming Torch*